

## RESOURCES & RECOMMENDATIONS



### RECOMMENDED BOOKS FOR BABY

- **Good Night Moon**, by Margaret Wise Brown
- **Good Night**, by Beth Landis
- **Hush**, by Minfong Ho
- **Hush Little Baby**, by Sylvia Long

### RESOURCES FOR PARENTS

- **Raising Readers** is a non-profit organization that has wonderful resources for parents—everything from book recommendations from birth through teen years, to tips for parents on literacy activities to do with your child. [www.raisingreaders.net](http://www.raisingreaders.net)
- **The Growing Years** is a set of 35 bulletins with practical, how-to solutions including financial and nutrition information for parents of children 0–5 years of age. Visit the home, family and youth section of this website: <http://www.extension.umaine.edu/>. Visit: <http://www.umext.maine.edu/thegrowingyears/> to subscribe to or download The Growing Years.
- **MaineLibraries** is a website that allows you to search for the library nearest you and also has information on news and events—including children’s programs—at libraries across the state. [www.mainelibraries.com](http://www.mainelibraries.com)
- Check out the website for the **Harold Alfond College Challenge** to see all of the quarterly pamphlets. [www.500forbaby.org](http://www.500forbaby.org)



Literacy spells  
success for the future



Harold Alfond College Challenge

LITERACY

## LITERACY

Helping your child learn how to read is the most fundamental of building blocks for her future.



### Literacy Spells Success

Even though your child isn't in school yet—and won't be for a while—there's so much you can do to help him learn language.

Just having books around the house creates awareness. Kids are curious: long before they can actually read they love to turn pages, learn to associate images with words and especially

enjoy having you read to them.



## Three Things You Can Do:

### 1 READ WITH YOUR BABY

Sitting with your baby in your lap while you read to her gives baby contact with you, lets her hear the sound of your voice, and see the colors and images on the page

### 2 HAVE FUN WITH YOUR BABY!

Sing and say rhymes. Show him pictures of other babies. Share bright, colorful board books. It's all part of helping baby explore the world around him.

### 3 HAVE BOOKS AND MAGAZINES AROUND HER ROOM, AND YOUR HOUSE

Babies love to explore, especially once they are moving! Having books around gives your baby the chance to discover books from day one!

## Start Today!

Every dollar saved for college for your child is an investment in your child's future. Even \$10 or \$20 a month will add up. Start saving today and watch the opportunities for your child's future grow.